

စိတ်ကျန်းမာရေး နှင့် စိတ်လူမှုဆက်ဆံရေး အထောက်အပံ့

Including **Psychosocial Activities** (community, group and family support activities; child, women and youth friendly spaces; assistance to vulnerable individuals and families; parenting classes, early childhood development and psycho-education for individuals and families.)

စိတ်လူမှုဆက်ဆံရေး အထောက်အပံ့လုပ်ငန်းစဉ်များအပါအဝင် (ရပ်ရွာလူထုအလိုက်၊ အုပ်စုအလိုက်နှင့် မိသားစုအလိုက် ပံ့ပိုးပေးသည့် လုပ်ငန်းစဉ်များ၊ ကလေး၊ အမျိုးသမီးနှင့် လူငယ်ပျော်နေရာများ၊ ထိခိုက်လွယ်သောသူများနှင့် မိသားစုများအတွက် ထောက်ပံ့ ပံ့ပိုးမှုများ၊ မိဘပညာပေး သင်တန်းများ၊ တစ်ဦးချင်းစီနှင့် မိသားစုများအတွက် ရှေးဦးအရွယ် ကလေးသူငယ်ဖွံ့ဖြိုးတိုးတက်ရေး နှင့် ပတ်သက်၍ ပညာပေးခြင်းများ နှင့် စိတ်ပိုင်းဆိုင်ရာ ပညာပေးခြင်းများ)

Psychological Interventions (such as individual, family or group counselling/ therapy) and **Mental Health Services** (assessment and clinical management of mental, neurological and substance use (MNS) disorders (whether by specialised or non-specialised health care providers); and support to the caregivers of persons with MNS disorders.)

စိတ်ပိုင်းဆိုင်ရာ ပံ့ပိုးမှု လုပ်ငန်းစဉ်များ (တစ်ဦးချင်းစီ၊ မိသားစုအလိုက် သို့မဟုတ် အုပ်စုလိုက် နှစ်သိမ့်ဆွေးနွေးပံ့ပိုးပေးခြင်း/ စိတ်ကုထုံးဖြင့် ပံ့ပိုးပေးခြင်း စသည်ဖြင့်) နှင့် စိတ်ကျန်းမာရေးဝန်ဆောင်မှုများ (စိတ်ပိုင်းဆိုင်ရာ၊ ဦးနှောက်နှင့်အာရုံကြောဆိုင်ရာနှင့် မူးယစ်ဆေးဝါးသုံးစွဲမှုဆိုင်ရာ ရောဂါဝေဒနာများ ခံစားရသူများအတွက် ကျွမ်းကျင်ပညာရှင်မှ သို့မဟုတ် ကျွမ်းကျင်ပညာရှင်မဟုတ်သော ကျန်းမာရေးစောင့်ရှောက်မှုပေးသူမှ ပံ့ပိုးပေးသော ဆန်းစစ်လေ့လာမှုနှင့် ကုသမှု၊ အထက်ပါရောဂါဝေဒနာများ ခံစားနေရသူများ၏ အုပ်ထိန်းပံ့ပိုးပေးနေသူများကို ထောက်ပံ့ပေးမှု)

Township	Name of the Organization/Service Provider	Type of Services & Eligibility Criteria	Focal Person & Contact Information
Shan (North)	Counseling Corner	Trained people all over Myanmar to become counsellors (and provide supervision for these counsellors) including in IDP camps in Kayah state, people in Rakhine, Kachin, Shan, Mon & Kayin state as well as Mandalay, Yangon and Nay Pyi Taw.	Edwin Briels - edwin@counsellingcornermyanmar.com
Hopang			
Hseni	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	
Hsipaw	IRC	Telecounseling / Community based and clinic based MHPSS service - group / individual	Nan Yee Hmue Kyaw Health Counselor, IRC/ Lashio Phone: 09401524985 A Me Me Jue Health Counselor, IRC/ Lashio
		Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	
Konkyan	MSF	Psychosocial Activities (Community, Group Support Activities, Child Friendly Space, Psychoeducation for individuals and families) Psychological Interventions (Individual/Group Counseling) and Mental Health Services (Assessment and Clinical Management of Mental, Substance Use Disorders) Eligible Criteria: HIV, TB patients, NCD Patient, People Who Use Drugs, Pregnant women	Mrs. Htang Nu (shan-hps@oca.msf.org)
Kunlong			

Kutkai	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye Women Protection & Empowerment (WPE) Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	
		Community Awareness & Education activities on MHPSS, Psycho Social Support and Individual Counseling, Basic Psychosocial Support including PFA services to clients during COVID 19 pandemic, Referral Support services	Nan Yee Hmuae Kyaw Health Counselor, IRC/ Lashio Phone: 09401524985 A Me Me Jue Health Counselor, IRC/ Lashio
	Metta	Psychosocial Activities: Group Psychosocial activities; Psychosocial Interventions: Psychosocial support by female case workers	Humanitarian.metta.iso@gmail.com 09-265556391 , 09-458621102
Kyuakme	IRC	Community Awareness & Education activities on MHPSS, Psycho Social Support and Individual Counseling, Basic Psychosocial Support including PFA services to clients during COVID 19 pandemic, Referral Support services	Nan Yee Hmuae Kyaw Health Counselor, IRC/ Lashio Phone: 09401524985 A Me Me Jue Health Counselor, IRC/ Lashio Phone: 09450484277
Lashio	MSF	Psychosocial Activities (Community, Group Support Activities, Child Friendly Space, Psychoeducation for individuals and families) Psychological Interventions (Individual/Group Counseling) and Mental Health Services (Assessment and Clinical Management of Mental, Substance Use Disorders)	Mrs. Htang Nu (shan-hps@oca.msf.org)
	Lan Pya Kyel former TOP and SUN Community Health	Online stress counselling (TOP Myanmar Facebook page), Tele CETA/Full CETA treatment for common mental health disorders not limited to vulnerable population at Lan Pya Kyel and SUN Community Health.	Ya Min Aung, CETA supervisor, 09 972027068 and Ye Min Aye, Community Engagement Manager, 09 764328186, ymaye@lanpyakyel.org , Sai Own Myint - somyint@lanpyakyel.org (09259505582)
	IRC	Community Awareness & Education activities on MHPSS, Psycho Social Support and Individual Counseling, Basic Psychosocial Support including PFA services to clients during COVID 19 pandemic, Referral Support services Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities) Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	Nan Yee Hmuae Kyaw Health Counselor, IRC/ Lashio Phone: 09401524985 A Me Me Jue Health Counselor, IRC/ Lashio Phone: 09450484277 Lway Mya Aye WPE Manager 09-960-576-555
Laukkaing			
Mabein			
Manton	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities) Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
Mongmao			

Moangmit			
Mongyai			
Muse	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	
	Lan Pya Kyel former TOP and SUN Community Health	Online stress counselling (TOP Myanmar Facebook page), Tele CETA/Full CETA treatment for common mental health disorders not limited to vulnerable population at Lan Pya Kyel and SUN Community Health.	Ya Min Aung, CETA supervisor, 09 972027068 and Ye Min Aye, Community Engagement Manager, 09 764328186, ymaye@lanpyakyel.org , Nan Phyu Phyu Aung - nppaung@lanpyakyel.org (09400049562)
	KWAT	Psychosocial Interventions: Psychosocial support by female case workers	Nang Awng, Muse Safe house Manager, 09-787445285
Namhsan			
Namphan			
Namtu	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	
		Community Awareness & Education activities on MHPSS, Psycho Social Support and Individual Counseling, Basic Psychosocial Support including PFA services to clients during COVID 19 pandemic, Referral Support services	Nan Yee Hmue Kyaw Health Counselor, IRC/ Lashio Phone: 09401524985 A Me Me Jue Health Counselor, IRC/ Lashio
Nanhkan	Metta	Psychosocial Activities: Group Psychosocial activities; Psychosocial Interventions: Psychosocial support by female case workers	Ph: 09252412991; Humanitarian.metta.iso@gmail.com
			09-256493498, 09-422433183, 09-421175660
	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
	Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.		
Nawngkio	IRC	Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)	Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org
		Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.	

Pangsang			
Pangwaun			
Tangyan	IRC	<p>Community focused MHPSS: Women and girl centers. Group and activity based psychosocial support (emotional support sessions, information, education, and awareness on GBV risk mitigation, SRHR, and other life-saving information, yoga, coping skills, handicraft and recreational activities)</p> <p>Individual MHPSS - GBV case management and psychosocial support for GBV survivors and non-survivors. GBV hotline service.</p>	<p>Lway Mya Aye WPE Manager 09-960-576-555 LwayMya.Aye@rescue.org</p>